

Want to have more updates from AMA? You Can!

1. **Subscribe to the e Newsletter**-- The “Friends of AMA” Newsletter comes out once at Christmas and once in the summer. There are also “AMA Updates” that are sent to current AMA’s and their families every six weeks. These include more pictures, reflections, and articles and are in the same format as the “Friends of AMA.” If you would like to follow these more frequent newsletters, please send Michelle your email address so you can receive an electronic copy. We will be delighted to add you!

2. Follow Us on Social Media!



Associate Missionaries of the Assumption



@AMAssumptionUSA

Want to have more updates from AMA? You Can!

1. **Subscribe to the e Newsletter**-- The “Friends of AMA” Newsletter comes out once at Christmas and once in the summer. There are also “AMA Updates” that are sent to current AMA’s and their families every six weeks. These include more pictures, reflections, and articles and are in the same format as the “Friends of AMA.” If you would like to follow these more frequent newsletters, please send Michelle your email address so you can receive an electronic copy. We will be delighted to add you!

2. Follow Us on Social Media!



Associate Missionaries of the Assumption



@AMAssumptionUSA

Want to have more updates from AMA? You Can!

1. **Subscribe to the e Newsletter**-- The “Friends of AMA” Newsletter comes out once at Christmas and once in the summer. There are also “AMA Updates” that are sent to current AMA’s and their families every six weeks. These include more pictures, reflections, and articles and are in the same format as the “Friends of AMA.” If you would like to follow these more frequent newsletters, please send Michelle your email address so you can receive an electronic copy. We will be delighted to add you!

2. Follow Us on Social Media!



Associate Missionaries of the Assumption



@AMAssumptionUSA

Want to have more updates from AMA? You Can!

1. **Subscribe to the e Newsletter**-- The “Friends of AMA” Newsletter comes out once at Christmas and once in the summer. There are also “AMA Updates” that are sent to current AMA’s and their families every six weeks. These include more pictures, reflections, and articles and are in the same format as the “Friends of AMA.” If you would like to follow these more frequent newsletters, please send Michelle your email address so you can receive an electronic copy. We will be delighted to add you!

2. Follow Us on Social Media!



Associate Missionaries of the Assumption



@AMAssumptionUSA